

Childhood Tuberculosis

TB is one of the world's oldest illnesses and affects people all over the world. TB bacteria usually goes into your lungs, but it can spread to any part of your body, like your brain or your bones.



How do we get TB?

- TB is spread very easily through the air
- Bacteria in the air can go into your lungs and infect you
- There are several factors that can put you at risk. For example, young children and the elderly are more at risk for getting TB

What can we do to prevent it?

- Keep doors and windows open to allow for air flow
- Avoid crowded areas for long amounts of time
- Adhere to your full treatment
- Get tested often for early detection
- Cover your cough

How do I know if I have TB?

- Adults have common symptoms: coughing, fever, night sweats, loss of appetite, weight loss
- If anyone close to you has TB (family member, neighbor, friends), you should go to a clinic to get tested for TB. This is called contact tracing.
- Children may have nonspecific symptoms



TB is curable if you take your treatment properly!